



## The Paul Rowe Raiders Report

### Senior Girls Basketball team competes at Provincial Championships in Olds

Our Senior Girls basketball team won their zone competition, earning them a spot to play for the province at the N WASAA 1A Basketball Provincials March 19th-22nd in Olds.

Paul Rowe students and staff were even caught cheering on the senior girls at lunch hour. What an opportunity to represent our school Raiders! Way to go!

#### Also In This Issue:

- School Council Meeting
- Report Cards going home
- Parent/Teacher Interviews
- Raider's Gear and Yearbook Sale
- SmartRISK program coming to Paul Rowe
- Hand Game Tournament in Grimshaw
- Wonder Wardens Camp for Girls

Our senior boys basketball team finished out their season with a silver medal win at Zones. Way to go boys!



## PARENTS & GUARDIANS OF PAUL ROWE STUDENTS

*We are better together!*



### School Council Meeting

Going forward we will be having joint meetings with Manning Elementary in anticipation of our move into Manning Aurora Composite School next school year. Our next meeting date has been rescheduled for Wednesday, May 7th at 7:00pm at MACS. The Paul Rowe Foundation meeting will be at 6:30pm, preceding the school council meeting. All are welcome to attend!

### UPCOMING DATES

#### April:

- 16 Smart RISK Program at Paul Rowe for Grades 7&8
- 17 Hand Games Tournament
- 17 Report Cards sent home
- 18-21 No School (Easter Break)
- 22 No School (PD Day)
- 30 Parent/Teacher Interviews

#### May:

- 7 School Council Meeting
- 16 No School (PD Day)
- 19 No School (Victoria Day)

thank you

A big thank you to our Food for Thought and Hot Lunch Volunteers this month!



## Parent/Teacher Interviews

APRIL 30/25 FROM 4-7PM

PARENTS AND GUARDIANS ARE INVITED TO ATTEND EITHER IN PERSON OR BY PHONE.

Uniting for  
Student  
Success.

Book one of the following ways:

- ▶ ONLINE THROUGH OUR SCHOOL WEBSITE BOOKINGS
- ▶ CALL THE SCHOOL OFFICE AT (780) 836-3397
- ▶ E-MAIL [PAULROWEHS@PRSD.AB.CA](mailto:PAULROWEHS@PRSD.AB.CA)
- ▶ CLICK ON THIS QR CODE →



DATE  
Apr. 30/2025



TIME  
4:00-7:00pm



CONTACT US  
(780)836-3397



LOCATION: PAUL ROWE HIGH SCHOOL  
Either in person or by phone!



Paul Rowe would like to extend a warm welcome to our new staff:  
Luca Paulovich  
Nakita McKinney  
Jennifer Supernault

≡ Welcome ≡



# SMART RISK



APRIL 16TH, 2025  
@ PAUL ROWE JR/SR HIGH SCHOOL

<b>WHAT IS SMART RISK?</b>	<p>The <b>SMART RISK</b> program is designed for students in Grades 7 &amp; 8 with an aim to empower them to effectively manage risks they may encounter in their daily lives.</p>				
<b>PROGRAM FORMAT</b>	<p>The <b>SMART RISK</b> approach focuses on helping students understand the balance between decision-making, consequences, and personal responsibility. SMART RISK promotes “Making Good Decisions”</p> <ul style="list-style-type: none"> <li>• Students will be divided into groups and rotate through the concurrent sessions.</li> <li>• Each session will involve interactive discussions and activities.</li> <li>• Students will have opportunities to ask questions and engage with facilitators.</li> <li>• Emphasis will be on creating a safe space for students to talk about risk and choice.</li> </ul>				
<b>TOPICS</b>	<table> <tr> <td> <b>Vaping, Nicotine, e-drinks, Cannabis</b> (Recovery Alberta) </td><td> <b>Internet Safety &amp; Sexting</b> (RCMP) </td></tr> <tr> <td> <b>Mental Health, Stress &amp; Anxiety</b> (Recovery Alberta) </td><td> <b>Relationships, Boundaries &amp; Physicality</b> (Peace River Regional Women’s Shelter) </td></tr> </table>	<b>Vaping, Nicotine, e-drinks, Cannabis</b> (Recovery Alberta)	<b>Internet Safety &amp; Sexting</b> (RCMP)	<b>Mental Health, Stress &amp; Anxiety</b> (Recovery Alberta)	<b>Relationships, Boundaries &amp; Physicality</b> (Peace River Regional Women’s Shelter)
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If you have any questions or would like more information about the Smart Risk program, please contact your school.





**RAIDER'S STORE  
GEAR NOW**

**25%  
OFF**

NOW IS YOUR FINAL CHANCE TO  
GET GOOD DEALS ON SCHOOL  
CLOTHING AND MEMORABILIA.  
THIS IS THE LAST YEAR PAUL  
ROWE GEAR WILL BE AVAILABLE!

We're clearing out  
Paul Rowe Yearbooks from  
**2001-2020**



*It's like a time capsule...  
but with more  
bad haircuts...*

On sale  
for only  
**\$25!**



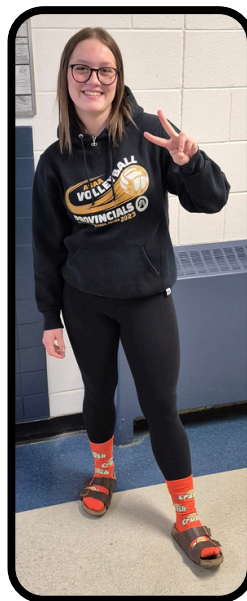
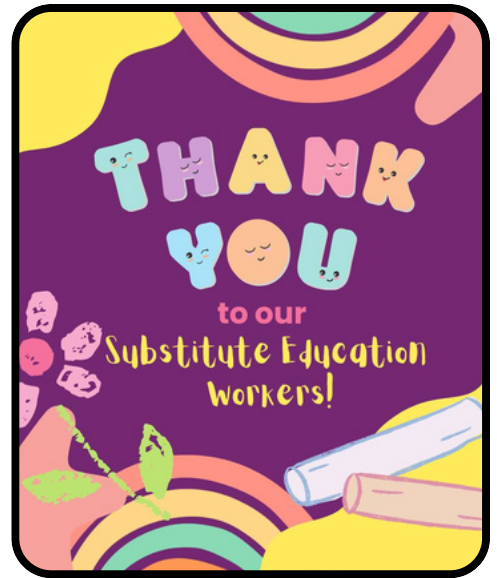
Contact the office to get your hands on a piece of history!

Calling all Raider's Alumni!  
This is your last chance to  
get your Raider's Gear  
and Yearbooks from  
years gone by!



### March 10-14 was Substitute Appreciation Week!

Paul Rowe would like to send out a huge thank you to all the amazing substitute education workers who step in with care, flexibility, and dedication to support our students and schools. Your work is truly appreciated and makes a big difference every day!



Paul Rowe Staff and Students  
Rocked their Socks on March 21st!



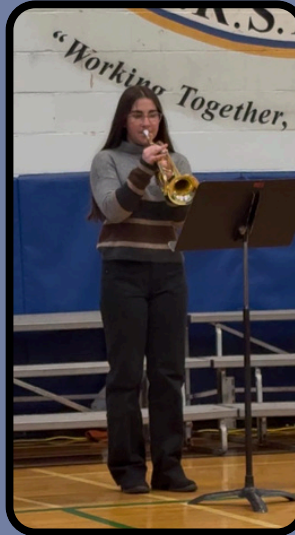




Congratulations to Grade 8 student Bentley Nauss, who participated in the Peace Country Regional Science Fair in Peace River on March 18th with his project on Fruit & Vegetable Conductivity.



Paul Rowe's Citizenship Group served a delicious Moroccan Meal in March. Made up of a unique, authentic menu cooked to perfection, thank you Citizenship Group!



Congratulations to our Northern Lights Ensemble member, Sam! Sam was recognized as the top brass musician in this year's North Peace Performing Arts Festival, receiving the North Peace Performing Arts Brass Award donated in memory of Nana Blanton. Her solo also received a Superior ranking. Way to go Sam!



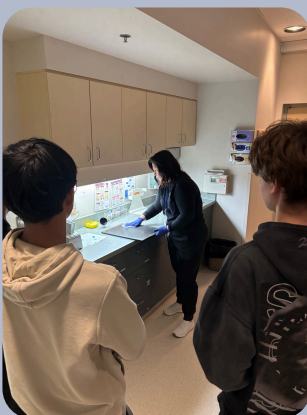




PRFHL hosts Alumni vs. All Star Game  
Spectators enjoyed an exciting showdown that saw many Paul Rowe alumni PRFHL greats return to the gym floor to take on our current all-stars.



On March 18th, the Manning Community Healthcare Centre hosted a Healthcare Career Day which saw many Paul Rowe students participating in hands-on experiences to learn various healthcare skills such as casting a broken limb, suturing, respiratory therapy and more from local physicians, nurses and paramedics.







Wonder Wardens

# CAMP For Girls!

August 17th - 21st, 2025

Adventure  
*Awaits!*



To inspire, empower and educate young women about  
a career as an Alberta Fish and Wildlife Officer!

Overnight Summer Camp, Caroline, Alberta

For girls 16 to 18 years of age

For more information send inquiry emails to:  
[pses.campwonderwarden@gov.ab.ca](mailto:pses.campwonderwarden@gov.ab.ca)





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MARCH 30	31	April 1	2	3 Hot Lunch: Maylene's	4	5
6	7	8	9 <b>MACS Tour of the New School</b> (Students must have signed permission form)	10 Hot Lunch: Snack Shack <b>Study Cafe 3:30-4:30 PM</b>	11	12
13	14	15	16 <b>SMART RISK Program for Grades 7&amp;8</b>	17 Hot Lunch: Humble Pie Breakfast Buns  <b>Handgames Tournament in Grimshaw</b>  <b>Term 3 Report Cards sent home with students</b>  <b>Study Cafe 3:30-4:30 PM</b>	18     <b>No School (Easter Break)</b>	19
20 <b>No School (Easter Break)</b>	21	22 <b>No School for Students (PD Day)</b>	23	24 Hot Lunch: Subway  <b>Study Cafe 3:30-4:30 PM</b>	25	26
27	28	29	30 <b>Parent/Teacher Interviews 4-7 PM</b>	<b>MAY:</b> <ul style="list-style-type: none"> <li>• 7 School Council Meeting</li> <li>• 16 No School for Students (Staff Meeting &amp; PD Day)</li> <li>• 19 No School (Victoria Day)</li> </ul>		