



PAUL ROWE JR. SR. HIGH SCHOOL SCHOOL SUPPLY LIST

GENERAL GRADE 7-12

- USB or 3.5mm HEADPHONES
- Indoor Shoes
- Loose leaf (400 sheets)
- Reinforcements
- Subject Dividers
- 4 - Duo tangs
- Pencils/Pens (20 Pk. of each)
- Erasers
- Highlighters (2 colors x3)
- Ruler
- Scissors
- Glue (preferably glue stick)
- Geometry Set
- Pencil Crayons
- Water Based Markers
- Pencil Case
- 2 packs- Index cards (standard)
- Medium size sticky notes (4 packs)

PHYSICAL EDUCATION

- Indoor Running Shoes
- T-shirt / Shorts (NO cut-offs)
Sweatpants (optional)
- Badminton racquet (can be purchased at the school)

HOME ECONOMICS

- Duo tang
- Please see the attached list for sewing project options.

INDUSTRIAL EDUCATION

- Pencils
- Old T-shirts, flannel sheets for staining

GRADE 7/8

All General Supplies PLUS:

- 2 – 2" or 3" Binders (preferably zipper type)
- 1" Binder (For French)
- Basic Calculator (NOT scientific, but needs square root) Required
- French/English Dictionary

GRADE 9

All General Supplies PLUS:

- 4 - 2" Binders
- Scientific Calculator- Required
- French/English Dictionary

SR. HIGH

All General Supplies PLUS:

- 4-2" Binders

Material Specific To Course Enrolled

- In: Math —1, -2, -C Courses — TI 84 Graphing Calculator - Required
- Math -3, -4 Courses - Scientific Calculator — Required (Phone is NOT sufficient)
- French - French/English Dictionary

ART 10/20/30

- Pencils / Kneaded Erasers (student may prefer)
- Sketchbook and Duo tang

Drama 10/20/30

- Duo tang

HOME EC 7, 8 & 9 MATERIAL SUPPLY LIST FOR 2022-2023

Dear Parents:

Here is a list of material your child may need for the Home Ec sewing projects they will be sewing next year, 2022-2023. It may seem early to give this to you now, but in the past, parents have asked to have it sent out in June so they may have time to find the material over the summer. If the students do not choose to buy their own fabric, I will supply the material for sewing doll clothes, which will be donated to Out of School Care. The students will be meeting the sewing outcomes, but they will not be keeping the sewing project if I supply the material.

HOME EC 7

The sewing project for Grade 7 is a 16" x 16" "rag" cushion cover. They will need the following items:

- 1- metre solid color flannelette material
- 1- metre printed flannelette material to match the solid color
- Spool matching thread.
 - 1- 16" x 16' cushion (optional)

Where fabric may be purchased: This fabric can be purchased at Fabric Land in Grande Prairie or from Calico Fabrics in Peace River, if it is still open. Other places may also sell fabric, but these are a few suggestions.

HOME EC 8

The sewing project for Grade 8 is to sew a pair of jogging pants or a pair of pyjama bottoms. If they are planning to sew pyjamas, I recommend flannelette and if they plan on sewing jogging pants, they need to buy jogging fleece, **NOT** polar fleece. Polar fleece is more difficult to take apart if they make a mistake.

They will need the following:

If fabric is 45" (114 cm) wide—flannelette or Jogging fleece

Size 8-10---2 ½ yds. (2.15 m)

Size 12-18---2 5/8 yds. (2.4 m)

If fabric is 55 or more inches (140cm) wide

Size 8-10---1 3/4 yds. (1.55 m)

Size 12-18---2 3/8 yds. (2.10 m)

1/2 inch – 3/4-inch-wide elastic for waist. Approximately 70-90 cm.

Thread to match fabric.

IF THE STUDENTS CHOOSE NOT TO SEW PYJAMA BOTTOMS OR JOGGING PANTS, I WILL SUPPLY THE NECESSARY MATERIAL TO SEW DOLL CLOTHES, WHICH WILL BE DONATED TO THE "AFTER SCHOOL" CARE. The students will have met the sewing outcomes by sewing the doll clothes, but they will not be keeping the project. They will be donated back to the community.

I can also order the material for the students from "Classy Threads," but the selection for flannelette for PJ'S is limited. They have a suitable selection for jogging fleece. The students would select their fabric from what is available and then they would pay me.

Grade 9 Home Ec.

The sewing project for Grade 9 is sewing a hoodie without a zipper. This can be a two-tone hoodie or a solid color hoodie. IF THE STUDENTS CHOOSE NOT TO SEW A HOODIE, I WILL SUPPLY THE NECESSARY MATERIAL TO SEW DOLL CLOTHES, WHICH WILL BE DONATED TO THE "AFTER SCHOOL" CARE. The students will have met the sewing outcomes by sewing the doll clothes, but they will not be keeping the projects. They will be donated back to the community.

I recommend they use jogging fleece rather than polar fleece for their hoodies. Polar fleece is more difficult to take apart if the students make a mistake.

If they choose to sew a hoodie, these are the supplies they need: (These measurements are only for a solid hoodie. If they choose to make it two-tone, they will need to determine how much fabric they may need.)

If fabric is 60" (152 cm) wide

XS—1 3/4 yds. (1.60 m)

S—1 7/8 yds. (1.75 m)

M—2 yds. (1.85 m)

L—2 1/8 yds. (1.95 m)

XL—2 1/4 yds. (2.10 m)

Thread to match and ribbing for waist and cuffs if 28" (70 cm) wide need 16 inches or 41 cm.

I can also order the fabric for the students from "Classy Threads," but the selection may be limited. The students would select the fabric and style from what is available, and they would then pay me.

If you have any questions, you can contact me in September, at 780-836-3397 or via email at baka@prsd.ab.ca.